

August 16th David – A kind King

Hi Parents,

This week we continue looking at King David. Today we see how David was kind to Saul's grandson Mephibosheth, and consider how this models God's kindness to us, and His wish for us to be kind to others.

This week we have:

- Chat time – God is kind
- Role play about kindness
 - *For families with more than one child:*
- Bible story with story cube craft
- Quiz
- Kindness paper chain.
- Action prayer
- Our own song clip to watch

You will need:

Piece of paper & pencils

Cube craft printout, scissors, sticky tape

Bible readings page, "into the Bible" instructions

Quiz page

Kindness paper chain printout, scissors, colours, sticky tape, ziplock bags or similar for storage.

1. Chat time – God is kind

- a. Take a piece of paper and write "God is Kind" in the centre of it
- b. Invite the kids to tell you how God shows his kindness to them or to others and write these things down on the page.
- c. Everybody chose one thing that has been written, and pray together a "one-sentence prayer", saying "Thank you God that you....."

2. Role play about kindness

- a. Challenge your kids to come up with a role play about kindness.
- b. Perhaps they could act out a scenario where someone was *not* kind and then re-perform the scene changing it to being kind.

3. Bible story with story cube craft

- a. You will need the cube printouts, a copy of the "Into the Bible" sheet with instructions for this section, a copy of the Bible readings page.
- b. First make your cubes.
 - i. You may want to have cut these out in advance or let your kids do it, depending on their age and scissor skills.
 - ii. Fold the cube and sticky tape the edges.
- c. Follow the page provided to work through the story of David's kindness to Mephibosheth.
- d. Have the children turn their cube around to see the picture that relates to each part of the story.

4. Quiz – Kinda kind?

- a. Have your kids take the Kinda Kind quiz
- b. Please do allow them space to be honest
- c. Work through the “results” section at the bottom of the page.

5. Kindness paper chain.

- a. Give everyone in your family a copy of the Kindness paper chain page.
- b. Fill in the blanks by thinking of people that you can be kind to, and maybe even pets, and what you will DO to be kind to them
- c. Once you have written on them, colour the strips in.
- d. If you prefer you may cut the strips out, but keep them somewhere obvious, like in a ziplock bag (or bags) stuck to the fridge.
- e. As you and your kids complete each act of kindness, take that strip of paper, loop it and tape it to form a circle.
- f. Join your circles to make a paper chain.
 - i. note: it might be good to pick something you all can do immediately, so that your chain can begin.
- g. During the week to come, see if you can add to your chain, and review your acts of kindness as a family. If someone does something kind that wasn't part of their original “kindness plan” then write it up and add it to the chain.
- h. Remember: this is an opportunity to **encourage** us all to be kind, not to scold each other for not being kind. Please use it as a prompt to praise positive behaviours.

6. Action Prayer

- a. Use the following prayer, pointing to different body parts as you say it:

Father God,

Open my eyes to see what people need.

Open my ears to take good heed,

Open my mind to think and plan,

Open my mouth to say ‘I can’

Open my heart to want to care.

Open my hands to give and share.

Amen

- b. Repeat the prayer, this time encouraging your kids to join in this time with the actions, and also to think about the words, to make the prayer their own.

7. Watch this (your kids may already know it) <https://www.youtube.com/watch?v=jioONrIpEkc>